

I'm Going to Fantastic Sams to Get My Hair Cut Social Narrative





I am going to Fantastic Sams to get my haircut!





I will walk in through the door. I will see a desk with a receptionist and chairs. I will give the receptionist my name and I will go sit down on the chair.





I may have to wait my turn. That is OKAY! I will sit quietly. I can read a book or play with a toy while I wait.



When it is my turn, the stylist will call my name. I can greet the stylist by saying "Hello", waving, shaking hands or giving a High 5. My stylist is happy to meet me.





Alex



Claudia



Jin

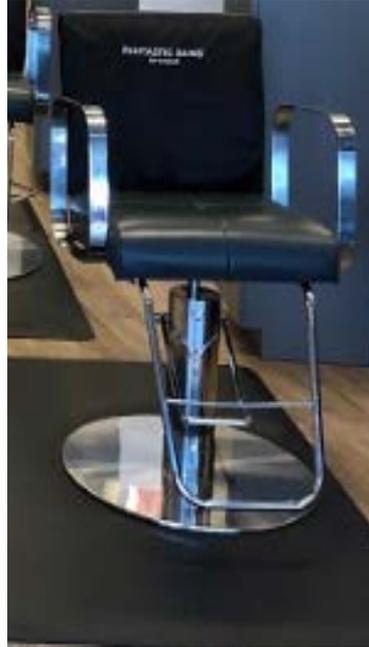


Tara



Sarah

My stylist is nice. I can tell my stylist about my favorite things, my favorite game to play or I can ask them about their favorite things. I will get to know my stylist .



My stylist will bring me to the special haircut chair while my grown up comes with me. I will sit in the chair. The chair may be big. That is okay! I can ask for a booster seat.



Choice Board



My stylist will give me a choice of toys and items that I can play with and hold while I am getting my haircut! I like picking a toy to hold and play with. This makes me happy.

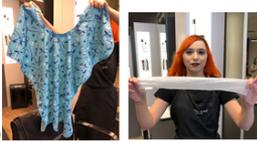




I can play with my toy during my haircut. The toys may be squish toys, wind up toys or slime. I will keep my hands on the toys or in my lap to stay safe.

Getting a Haircut

1.	 Sit in chair
2.	 Put neck strip around neck
3.	 Put cape on
4.	 Spray hair with water

6.	 Trim hair with clippers
7.	 Clean up hair with brush
8.	 Take off cape and neck wrap
9.	 Finished!

My stylist will give me my visual schedule. I will look at my visual schedule with my stylist and my caregiver. This helps me stay calm.



The stylist will put a neck wrap on me. This keeps the hair off of my neck and it is OKAY! If I do not want the neck wrap, I can say "No, thank you."

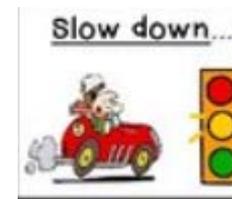
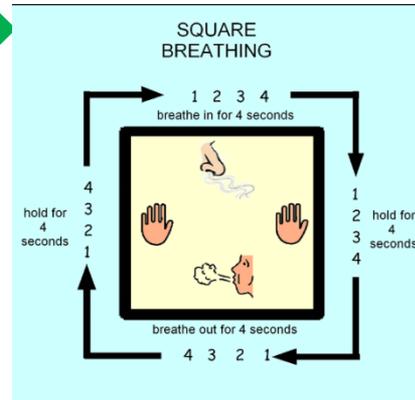
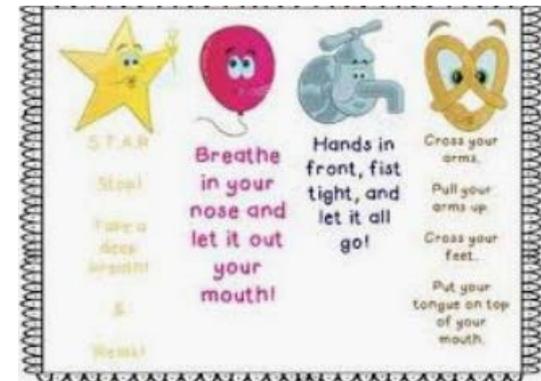


The stylist will put a cape on me. The cape will keep my clothes clean and dry. It is OKAY! If I do not want the cape, I can say "No, thank you."





I can play with my toy during my haircut. The toys may be squish toys, wind up toys or slime. I will keep my hands on the toys or in my lap to stay safe.



If I feel scared or nervous, I can ask questions, take deep breaths, play with my toys or ask my stylist to slow down. My caregiver will be close by. It is OKAY!



Spray bottle



Comb



Hair Brush



Clips



Scissors



Clipper



Blow Dryer



Neck Duster

The stylist may use different tools during my haircut. That is OKAY! They may use a spray bottle, a comb, clips, scissors, clippers, or a blow dryer.



During the haircut, the stylist may touch my head or my ears. That is OKAY! My stylist may ask me to "stay still", "look down" or "look up". That is OKAY! I will follow directions so I can stay safe and earn my reward.



The stylist may wet my hair using the spray bottle or I will get my hair washed at the shampoo bowl. That is OKAY!



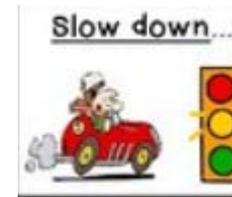
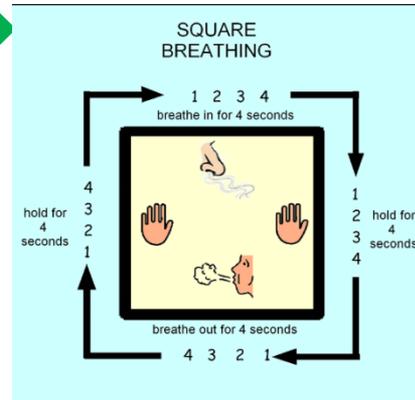
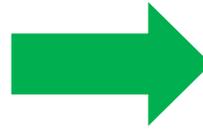
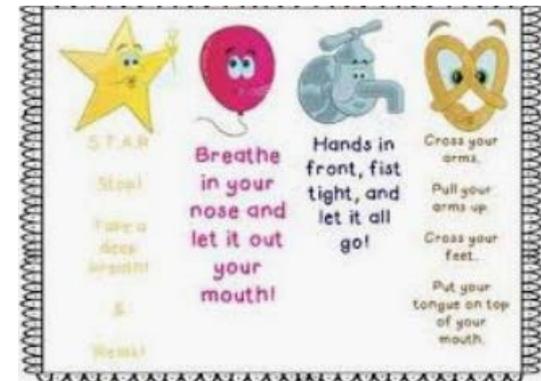
The stylist may comb or brush my hair. This will make it easier for them to cut my hair and keep it even. They will touch my head. That is OKAY!



The stylist may put clips in my hair to divide my hair into sections. This makes it easier for the stylist to cut my hair. This is OKAY!



I can play with my toy during my haircut. The toys may be squish toys, wind up toys or slime. I will keep my hands on the toys or in my lap to stay safe.



If I feel scared or nervous, I can ask questions, take deep breaths, play with my toys or ask my stylist to slow down. My caregiver will be close by. It is OKAY!



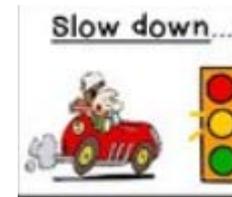
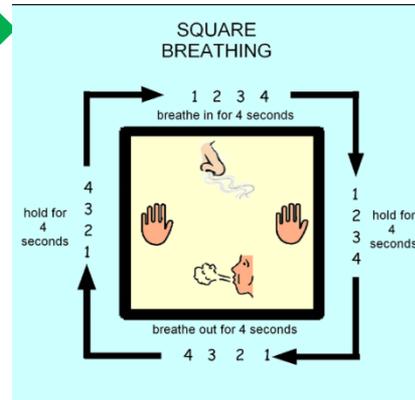
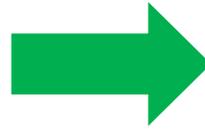
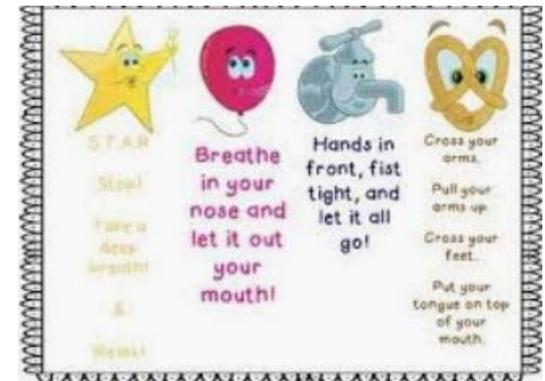
The stylist may use scissors. The scissors will "snip". This is OKAY! I will stay safe by keeping my hands on my toys or in my lap. My stylist will be careful and will be gentle.



The stylist may use clippers. The clippers will "buzz" and may be loud. This is OKAY! If the noise is too loud, I can use my ear plugs. I will breathe and stay calm.



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If I feel scared or nervous, I can ask questions, take deep breaths, play with my toys or ask my stylist to slow down. My caregiver will be close by. It is OKAY!



The stylist may use a blow dryer. The blow dryer will blow warm air on my hair and may be loud. That is OKAY! I can wear my ear plugs. If I do not want to use the blow dryer, I can say "No, thank you."



The stylist may use a neck duster to brush away the loose hair off my neck. That is OKAY! This will make me feel better so I won't feel itchy.



The haircut is finished! I did it! I stayed calm and followed directions. I will get to pick out a reward from the treasure box. This makes me happy. My stylist and my caregiver are so proud of me. I am excited to come back to get my hair cut at Fantastic Sams!